



Oberberg Fachklinik Fasanenkiez Berlin

The Oberberg Fachklinik Fasanenkiez Berlin is a leading center for child and adolescent psychiatry, psychosomatics, and psychotherapy, offering exceptional medical and therapeutic care. Our clinic is nestled in a tranquil setting in the heart of Berlin's vibrant City West, just a short walk from Kurfürstendamm. We integrate creative and urban influences into our therapeutic approach to support the mental health and development of children, adolescents and young adults.





With its central location, the clinic provides access to a wide range of leisure activities. From walks in Tiergarten and strolls on Kurfürstendamm, to art exhibition in numerous renowned galleries and museums, as well as music and theatre – the vibrant, multicultural surroundings offer countless opportunities for inspiration and relaxation, all within easy reach.

Welcome to the Oberberg Fachklinik Fasanenkiez



The Oberberg Fachklinik Fasanenkiez Berlin is located in the quiet district of Wilmersdorf, just steps away from the vibrant Kurfürstendamm. Our clinic is set in a beautifully restored historic Berlin Gründerzeit era building, combining timeless architecture with a modern atmosphere.

Inside, minimalist and contemporary interior design meets carefully curated color and lighting concepts, creating a warm and welcoming environment down to the smallest detail. Thoughtfully designed rooms for children and adolescents, spacious communal areas, and a bright open loft provide space to breathe, relax, and connect. Our in-house school ensures continuous education throughout treatment.

On your personal journey of change, we support and empower you with our expertise and commitment. At every step, you remain an active and valued part of the therapeutic process.

We also provide therapy in English, French, Spanish and Russian for a better comprehension of our international patients.

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Dr. med. Roland BurghardtMedical Director

Oberberg Fachklinik Fasanenkiez Berlin



Our Treatment Philosophy

Our Therapeutic Triad for a Holistic Approach: People, Science, and Environment

At Oberberg clinics, our treatment philosophy is grounded in a holistic understanding of the individual. Our success in therapy is built on three essential components, thoughtfully combined to create a harmonious and personalized approach: people, science, and environment. Only when these three elements work together seamlessly do we create the optimal conditions for lasting therapeutic success.

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People

At the heart of everything we do is the individual – their life story, social surroundings, and unique personal journey.



Science

We utilize all evidence-based scientific knowledge and collaborate closely within our extensive research network.



Environment

We cultivate a healing atmosphere where the thoughtful design of space and nurturing relationships come together to support the recovery and well-being of our young patients.



Common Indications

We treat psychological disorders – and nurture mental health

Our evidence-based treatment approach offers a comprehensive range of medical and psychotherapeutic services for the full spectrum of mental and psychosomatic conditions affecting children, adolescents and young adults.

Some of the conditions we treat include:

- Eating disorders
- · Depressive disorders
- Anxiety and panic disorders
- Attention deficit disorder (ADHD)
- Borderline and other personality disorders
- Mood disorders
- Stress-related and trauma-related disorders, including PTSD
- Obsessive-compulsive disorders (OCD)
- Somatoform disorders and chronic pain
- Dissociative disorders
- Emotional disorders
- · Identity disorders
- Media addiction
- School avoidance
- Behavioral disorders



Our Range of Therapies

Our Holistic and Evidence-Based Approach to Therapy

At Oberberg Fachklinik Fasanenkiez Berlin, we are committed to supporting children, adolescents and young adults. With respect, genuine appreciation and a spirit of partnership we work together to understand the underlying reasons and individual stories behind each young person's difficulties. At the core of our work is a sincere commitment to carefully listen, to understand, and creating a space where healing can begin.

Our Range of Therapies:

- Cognitive behavioral therapy (CBT)
- Psychodynamic therapy
- Systemic therapy
- Family work and counseling
- · Psychopharmacological treatment
- · Stress reduction and relaxation techniques
- Virtual reality therapy,
- Specialized therapies such as exercise and movement therapy, as well as art, music, occupational, and body therapy, drama therapy, animal-assisted pedagogy
- Nutritional therapy
- Social counseling and support
- Educational support and accompanying school instruction

Your team at our clinic

With you every step of the way

To help you reach your goals and fulfill your wishes, we work hand in hand as a dedicated team. Our doctors, therapists, nursing and support staff, your parents — and most importantly, you—stay closely connected and communicate openly every step of the way. Because here, it's always about working together with you.

Our clinic management



Dr. med. Roland BurghardtMedical Director



Ludwig MerkerDirector of Finance and Administration



Anja Timme Head of Nursing and Patient Support

Our dedicated team of doctors, therapists, nurses and educators includes:

- Specialist doctors in child and adolescent psychiatry and psychotherapy
- Child and adolescent psychotherapists
- As well as a large team of specialized therapists, nurses and educators

Do you have any questions?

Feel free to call or email us – we are happy to hear from you

At Oberberg Clinics, we provide treatment for patients with private health insurance, direct payers and "Beihilfeberechtigte" (in Germany, "Beihilfe" refers to a government allowance for healthcare costs provided to certain public sector employees, e.g. civil servants, judges, soldiers. People who are "beihilfeberechtigt" are entitled to receive partial reimbursement of their medical expenses from the government.). In certain cases, we can also admit patients with statutory health insurance. If you're interested, we're happy to advise you and your parents at any time – by phone or in person by appointment – about admission procedures, therapy concepts, the focus of treatment, and our facilities.



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Are you interested in another Oberberg clinic or one of our Oberberg City Centers?

Please visit our website for more information: www.oberbergkliniken.de/fachkliniken www.oberbergkliniken.de/citycenter